



4 Homemade Dog Food Recipes!

Keeping our dogs fed is just as important as keeping ourselves fed. And with the majority of the population being very careful about what we eat, why should that be any different.

We here at RelaxMyDog are better known for our calming dog music and tv for dogs, but deep down, we're aspiring dog chefs! You may already have seen our delicious dog birthday cake guide but we realised your dog can't eat cake all day! Which is why we've put together this guide featuring 4 top recipes for your dog. It's very beneficial to know exactly what your dog is eating, and what better way to do that than making your dogs food yourself? This way, you can control what goes into their food and just how much goes in.

This can be especially important if your dog is on a diet, has health problems or maybe just eats too much rubbish!

Which is why we are here to help today with our guide on how you can make your very own food for your dog, that's guaranteed to have them begging for more (which is usually the case with any food!)

So without further ado, here are our 4 recipes (including a vegan recipe!).

1. Beef Stew



Who doesn't love a good beef stew? Well, now your dog will be able to enjoy it with you! In all fairness, you can be spoilt for choice if you get this from the supermarket. The main difference between buying a premade can of beef stew and making it yourself is that there are no scary chemicals made by some mad scientist in a lab!

You will need:

- 500g of Minced Beef
- Half a cup of peas (frozen)
- A cup of water
- Large potato
- Medium carrot (sliced in dices)

Start off by putting all of the meat (500g) into a pan and cooking it until the meat turns brown. After the meat turns brown, add the potato and carrot.

Add enough water to cover the vegetables and meat, allow it to get to boiling temperature, then let it simmer for roughly 20 minutes (or until the vegetables cook, whichever comes first). Now you can add the peas to the pan, give those enough time to cook for a little bit. You can finish it off with some light seasoning so long as it's not too spicy for your dog.

Allow it to cool for 10 minutes before serving it up.

You can, of course, use Turkey, Chicken or even Pork for this recipe. All of these meats are safe for your dog, so long as it's cooked properly!

2. Fish Cakes



Salmon is perfectly safe for dogs to eat and it can actually be beneficial to their immune system, their coat and packs a lot of protein. So what better way for your dog to have salmon than in a fish cake!?

You will need:

- 1 can of Salmon
- Coconut Oil (regular oil will work, coconut oil is just better for your dog's health)
- Large egg
- Large potato
- Medium carrot
- 3 tablespoons of flour
- A stalk of celery

Start by chopping up the potato, carrot and celery into dices. Put the necessary amount of oil in a pan, and get to a high temperature. Now drain the salmon of all the water/brine/oil and mix with the flour and eggs. Now shape the salmon mix into burger-shaped patties, put in the pan and allow to fry till golden brown. When they're gold, remove them and put the vegetables in the pan for around 5-10 minutes to soften up a bit.

Allow both the vegetables and the fishcakes to cool before serving up.

The fishcakes are served alongside the vegetables in your dog's bowl/plate.

3. Meat Loaf



A great tasting and protein packed dish, it's a win-win! This is a healthy and useful meal as it can help prevent digestion related problems as well as provide some much need protein.

It's very simple to prepare and can be sliced up as big or as small as you need to last a few days.

You will need:

- 500g of Minced Pork
- 2 large eggs
- Half a cup of oats
- 3 large hard-boiled eggs
- Half a cup of peas
- Half a cup of chopped carrots
- Oil for greasing

Start by preheating your oven to 180°C (350°F). Mix the peas, carrots and minced pork together in a bowl. Next, add the eggs and the oats to help form the mix. Grease a bread tin with oil and pour half the mix in. Get your hard-boiled eggs and put them in the centre of your loaf then covering it over with your remaining mix. Leave to bake for approximately 45 minutes.

Once cooled, you can serve it up as a treat for your dog or in larger portions as a dinner.

4. Chickpea Stew (Vegan)



Veganism is starting to become more popular for both animal welfare and health benefits for us humans. Some people are looking for ways to convert their dogs to this lifestyle choice as well, but there doesn't tend to be a lot of choice on the market.

That's why we've found this useful vegan recipe to get you started, and it's extra tasty!

You will need:

- 3 cups of thoroughly cooked chickpeas
- 3 tablespoons of organic peanut butter
- 1 celery stick (sliced wafer thin)
- 2 cups of water/vegan vegetable stock
- 1 medium carrot (sliced wafer thin)
- 1 beet (thinly sliced)
- 3 tablespoons of organic oil

Start by mashing up all of the chickpeas in a bowl, then add all of the oil to the mix. Stir thoroughly whilst adding the peanut butter as well as one cup of water/stock. The consistency should be enough to run off the spoon. Now transfer the mix into a blender and add the remaining water/stock as well as the carrot, beet and celery. Let the blender go for around 30 minutes on a medium setting. After 30 minutes have passed the stew will be ready and can be served. It's recommended to be served warm.

After all that, your dog will have plenty of good, homemade food to enjoy. And there's nothing really that stops you from eating some of it as well!

This makes a really good treat for your dog every now and then, and if you have the time, there's no reason why you shouldn't regularly make your own food.

Did you cook any delicious meals from this menu? Maybe you cooked all of them? We'd love to know (and see!) what you and your dog thought of these recipes over on our Facebook, Twitter or Instagram!

Disclaimer: Raw meat can potentially be harmful to dogs, please ensure all meat is thoroughly cooked. Always check with your vet before making major changes to your dog's diet. All information correct at time of publishing.

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